

Reviews of 'Difficult Personalities: A Practical Guide to Managing the Hurtful Behaviour of Others (and Maybe Your Own)'

Choice Books, by Hazel Edwards & Dr Helen Mc Grath

(Sixth printing since May 2000)

An enormous response to the topic with all media outlets covered in about 100 interviews across April/May/June 2000. Considerable e-mail queries to Dr Helen Mc Grath.

No 4 on Non Fiction best Sellers List The Age August 12th, 2000

No 1. On Best Sellers list provided by Independent Bookshops including Griffith Bookstore, Geelong and published in Geelong Advertiser. Sept 9th, 2000

Print coverage tended to be in longer features rather than short reviews and included The Good Weekend Magazine 'Difficult Moi?' by Anthony Ackroyd (August 4th, 2001) and Toxic Personalities in Sunday Herald Sun Magazine June 11, 2000.

Herald Sun June 17th, 2000, by Cheryl Critchley in Weekend Focus:

"..this book helps people recognise and deal with those who are negative, snobby, bossy, overly anxious, perfectionists, inflexible, demanding, bullies, passively aggressive and even sociopathic.

...the book advises people how to cope if they know a difficult person or realise they are one themselves."

The Age; Singles File Column 24/6/200

'Difficult Personalities' is highly recommended for three weeks

Book of the Day Australian Bookshop on Line 25th June 2000

Weekly Times July 5th 2000 June Alexander

'Difficult Personalities, a new book by Dr Helen Mc Grath and Hazel Edwards, provides a reassuring guide to help us deal with the hurtful behaviour of others. The book aims to help people protect themselves by being aware of harmful personalities. Suggestions are provided on how to manage difficult behaviour patterns. '

Woman's Day: August 14th 2000 Jane-Ann Lee under Natural Health article about worrying.

The Age; Employment Section: July 29th, 2000 Toxic Personalities in the Workplace by Kay Ansell
(also in SMH)

Print coverage included Good Taste magazine, (under Dangerous Liaisons Feb 2001) The Age, Sunday Herald Sun Magazine June 11th 200) Are You Living With an Everyday Sociopath?" and also under ' Can a Man and a Woman really be Just friends?' , Cleo, Sunday Examiner, Herald Sun, Weekly Times and The Australian as well as many local newspapers and some educational journals.