

Trail Magic: Going Walkabout for 2184 Miles on the Appalachian Trail

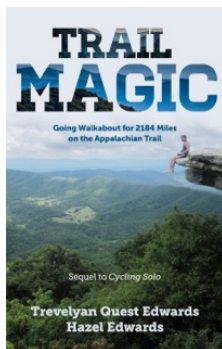
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Trevelyan Quest Edwards real life tale on the trail is an adventure that few start let alone complete. The Appalachian Trail is 2184 miles written with a promise of no personal digital devices on the trip.

Trevelyan writes with a wonderful spring is his step no matter what he faces during this odyssey.

The book picks up speed as does the hiker from Chapter 7 onwards and I could not put it down. At one stage Trevelyan attempts poetry and I fear he is dehydrated. My favourite chapter is 13. Lucky for some about "Handy Hints to Hiking the A.T." Perhaps it should have been an earlier chapter for the novice hiker.

An excellent gift for anyone obsessed with hiking, walking and trailblazing. For the cyclists in our lives Trevelyan's other well read book "Cycling Solo" is a must.

It is a journal full of laughs, wonderful photos, bad hiking outfits (that is why I don't partake) but best of all an accurate account of what to expect when hiking the A.T. It is a How To book for anyone planning to hike The Appalachian Trail.